Suit Up! Put on the Full Armour of God in prayer (personalised):

I will be strong in the Lord and in his mighty power.

I will put on the full armour of God, so that I can take my stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore I will put on the full armour of God, so that when the day of evil comes, I may be able to stand my ground, and after I have done everything, to stand. I declare that I will stand firm then!

I put on and fasten the belt of truth around my waist.
I gird myself with Your Word, may Your truth underpin my whole life today.
(1 John 4:4, Ephesians 4:27, Heb 13:5, Deut 31:6, Colossians 1:22-23)

I put on the breastplate of righteousness (1 John 1:9, Isaiah 61:10, 2 Corinthians 5:21)

I put on the shoes of the readiness that comes from the gospel of peace (Galatians 5:16, Psalm 37:23, Romans 1:16, 1 Peter 3:15)

I take up the shield of faith, to extinguish ALL the flaming arrows of the evil one. (2 Corinthians 5:7, Hebrews 11:1, Romans 5:1, Isaiah 54:17)

I put on the helmet of salvation (Romans 12:2, 1 Cor 2:16, Psalm 27:1, Ephesians 2:8, Titus 3:5-7)

I take up the sword of the Spirit, which is the Word of God (Hebrews 4:12, John 1:1, Psalm 119:89, Psalm 119:11)

And I will pray in the Spirit on all occasions with all kinds of prayers and requests. (Colossians 1:9-11)

